

EXTENDED FAMILY PLANNING COUNSELING
(Provided Only at Time of Post Partum Visit)

Patient Name: _____ Medicaid # _____

DOS: _____ Chart or UMR# _____

NOTE: ONE OF THE TWO COUNSELING SECTIONS BELOW MUST BE COMPLETED

Family Planning Counseling Using PT + 3 Teaching Method (Initial Here): _____
OR

Alternative Family Planning Counseling - Initial Each Blank Below As Completed (minimum of 10 min. face-to-face contact)* - the following topics (at a minimum) must be discussed and documented:

1. Age: _____ No. of pregnancies: _____
2. Determine patient's knowledge/perception of birth control: _____
3. Previous method of birth control (prior to pregnancy): _____
Detail any problems with previous method: _____
Did previous method fail? _____ Why? _____
4. Review methods of birth control: Pills _____ Depo-Provera _____ Spermicides _____ Condoms _____
Tubal ligation _____ Norplant _____ IUD _____ Natural _____ (Explain methods which are unfamiliar to patient)
5. Chosen method of birth control/supplies issued/prescription: _____
(Circle One Above)
6. Briefly describe instructions given regarding importance of correct, consistent, and careful use of contraception for maximum effectiveness: _____ How to use chosen method _____
7. Briefly describe instructions given regarding possible side effects/adverse reactions: _____
_____ # given to call for prob/emergency _____ Contracep. literature (Fact sheets) given _____
8. Is method compatible with patient's lifestyle? _____ Explain: _____
9. HIV/STD protection discussed: _____
10. Patient's understanding of counseling/discussion: _____

NOTE: Follow-up and tracking is required to determine if chosen method was obtained in cases where a Norplant insertion or a tubal ligation was designated as the chosen method. Assist patient with consent forms and appointments, as needed.

11. Schedule appointment (explain frequency of revisit): _____

Counselor's Signature

Date

*These are **EXTENDED COUNSELING SERVICES** provided in addition to the routine family planning service required during a post partum visit.